

REFLECT, RESET, GO!

Solving your personal success puzzle



BY HEATHER CHRISTIE

REFLECT AND RESET

Current
Score:

What do you want in this area of your life in the next year?
What Beliefs do you need to develop to be successful?

1. Health & Fitness

Health & Fitness Beliefs:

2. Family & Children

Family & Children Beliefs:

3. Church & Spiritual

Church & Spiritual Beliefs:

4. Hobbies

Hobbies Beliefs:

5. Business & Job

Business & Job Beliefs:

6. Financial _____

Financial Beliefs:

7. Leadership & Growth _____

Leadership & Growth Belief:

8. Marriage & Relationships _____

Marriage & Relationship Belief:

9. Social & Friends _____

Social & Friends Belief:

10. Service & Contribution _____

Service & Contribution Belief: